#### **SP Publications**

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#### RESEARCH ARTICLE

### Role of Literature in reducing pandemic panic

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In the present scenario of Covid-19, literary perspectives of current situation are highly discussed as literature has a special ability to make its readers think deeply about their endurance capability to deal with deadly diseases. Every literary text is the product of the socio, historical and political situation in which it is written. So the relevant events of an age is highly represented in a piece of writing and the value of that event is retained for years and years through writing. You need an example, right?

Have you ever heard of the *Oedipus Rex*, which was written by Sophocles? This Greek tale has the background of a country being affected by a pandemic. This kind of text can provide you a better comprehension about how humankind dealt with different pandemics. Actually humans have witnessed many calamities and disasters in the years so far. During such times, literature acted as a medicine to soothe the mind and soul of people. Do you want to know how literature acts as a medicine?

In every difficult time especially during this pandemic lockdown period, everyone might have gone through loneliness, fear of death and psychological trauma. During that time what you need is a real companion. While reading different text, you are getting a free space for yourself to contemplate and reflect your positive and negative thoughts. So here books act like true friend. In that sense literature is enriching your life with better thoughts even in pessimistic situation.

Moreover, you might face ethical and moral challenges during these times. Then the books like Geraldine Brooks' *Year of Wonders* will surely help you to solve the riddles of life and take the most acceptable path for human solidarity. Just think of present situation where people from different culture, ethnicity and gender are going through a long battle with a common enemy, that is none other than Corona Virus. During initial days everyone thought that our existence is going through a situation of high risk. Everyone seek to take distancing among their loved ones to keep away themselves from the pandemic. But as when you began to hear about the news of pandemic being spead across the world, you felt like this is a global problem rather than a personal problem. Now take some hours to read different pandemic literature, it can surely give you a feeling that we humans have endured and fought against

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many more pandemics in our history. So reading literature can surely give you an optimistic thought of overcoming the pandemic. So read, write and love your books as they can provide your better solace in difficult situation. Hold on to your god with pure heart.